

From: Congregation B'nai Israel - eMessage Administrator info@jewishstcatharines.com
Subject: CBI eMessage - Friday, March 17, 2023
Date: March 17, 2023 at 11:04 AM
To: Howard Slepkov howard@slepkov.ca



[Click here to view this complete eMessage in your browser.](#)



The eMessages for the month of March are sponsored by
Vicky and Harvey Wright
in honour of Jordyn, Abby and Zoe



Saturday, March 18, 2023

**FUCHSBERG
JERUSALEM CENTER
CONSERVATIVE YESHIVA**

TORAH PORTION: VAYAKHEL-PEKUDEI



Parshat Vayakhel-Pekudei -- Parshat HaChodesh
March 18, 2023 | 25 Adar 5783
Torah: Exodus 35:1-40:38 Triennial: Exodus 35:1-37:16
Maftir: Exodus 12:1-20 Haftarah: Ezekiel 45:16-46:18

Parashat Vayakhel-Pekudei / פרשת ויקהל-פקודי
[This week's Torah Sparks](#)

SHABBAT SERVICE

**Kiddush will be served in the Tomarin Room after the service.*

Saturday, March 18th @ 9:30 am

Led by Fanny Dolansky and Howard Slepkov

**This Week's Torah Portion will be chanted by
Blake Teichman**

**and the Haftarah will be chanted by
Jonathan Pollock**

**This week's Kiddush is sponsored by
Dina Caplan
in loving memory of her husband, Frank Caplan (AH)**

[Pre-registration](#) is strongly encouraged to attend any
in-person services/events at CBI.

It assists with planning and contact tracing.

Kindly [pre-register](#) here no later than today,
Friday, March 17th @ 3 pm.

If you are unable to pre-register but wish to attend,
you will be registered at the door.

Covid-19 Protocols @ CBI

New Protocols: Effective October 29th, 2022

1. Masking* will no longer be mandatory,
but is highly encouraged especially in the sanctuary.
2. For security purposes, all members should pre-register
for each service and program event.
3. For security purposes, all guests must pre-register
for each service and program event.

**CBI reserves the right to reinstitute a mandatory masking policy, if required.*



[Share the news of your family or of our community and their family*](#)



Deepest condolences to the extended
Pomerantz Family
on the passing of their mother and grandmother,
Joan Pomerantz (AH)

Funeral arrangements to follow...

Refuah Shlema



to the following:

**Dr. Ivan Samson,
Francine Williams,
Schula Jennings**

and

Esther Gitlin

(Mother of Maya Chriqui)

and to all who are ill.

May the Lord bless, show kindness,
grant health and peace to everyone.

Passover Shopping by Adrian Goldberg



With Passover quickly approaching, CBI Member Adrian Goldberg has once again volunteered his time to do some Passover shopping for those who cannot otherwise do so for themselves.

Please email your orders to Serge in the [CBI Office](#) by
Wednesday, March 22 @ 3 pm

Orders should be available for pick up by Tuesday, March 28th at CBI

On behalf of the CBI membership, Adrian

Thank You!



IMPORTANT!

As members/friends of CBI, you might not be aware that CBI receives funding through *Delta Bingo and Gaming* in St. Catharines.

Peter Runcan and his team volunteer their time at Delta Bingo and in return CBI receives crucial funding from them.

Peter is in need of volunteers to ensure that we continue to obtain maximum funding from them. If you can spare some time, please be in touch with Peter ([email](#) or phone: 905.328.2894) to express your interest...

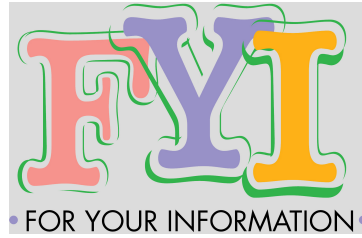
Thank you!

A Note About Security

It is imperative that the large glass doors at the entry to the CBI building stay locked at all times. As most regular attendees to our facilities know, we have security guards hired for Shabbat Services and other programs. They are the ones who monitor who comes into the building along with our member-ushers. Once inside the building, please leave all responses to visitors approaching from outside to those charged with monitoring entrances.

That way, due care and vigilance can be assured.

Thanks so much!



**Paul Rinkoff, son of CBI members Iris and Stuart Rinkoff
will be a guest speaker at this webinar on
Monday, March 27th @ 7:30pm**

The banner has a dark teal background with a large, faint Star of David. On the left, the Alpha Omega Toronto Fraternity Toronto Chapter logo is at the top, followed by the title 'SECURITY AND THE JEWISH COMMUNITY' in large white letters. Below the title, it says 'VIRTUAL WEBINAR ON ZOOM', 'MARCH 27, 2023', and '7:30 PM - 9:00 PM'. The moderator is listed as 'Rabbi Jarrod Grover Senior Rabbi from Beth Tikvah Synagogue'. On the right, there are two speaker portraits: Paul Rinkoff (top) and Tal Toubiana (bottom), each with a 'Speaker:' label and their name in a dark grey box.

Alpha Omega Toronto Fraternity Toronto Chapter

SECURITY AND THE JEWISH COMMUNITY

VIRTUAL WEBINAR ON ZOOM
MARCH 27, 2023
7:30 PM - 9:00 PM

Moderator:
Rabbi Jarrod Grover Senior Rabbi from Beth Tikvah Synagogue

In Partnership with: **UJA FEDERATION**
of Greater Toronto

Speaker :
PAUL RINKOFF

Speaker :
TAL TOUBIANA

TAL TOUBIANA



Tal Toubiana serves as Community Security Director at UJA. In this role, Tal leads a broad portfolio of responsibilities concerning the safety and security of the Toronto Jewish community. This includes training, intelligence, campus security, and incident management.

Tal was born and raised in Israel and served in the Paratroopers Reconnaissance. Following his military service, Tal worked as part of a nuclear response team as well as for Israel's Ministry of Transportation. Tal moved to Canada in 2007 and served as the Security Director for the Edmonton Jewish Federation until 2021. Tal has a Bachelor's degree in Psychology/Kinesiology and a Chinese medicine practitioner diploma.

PAUL RINKOFF



Paul Rinkoff is an Inspector with the Toronto Police Service, and is currently assigned to the Community Partnerships & Engagement Unit. His policing experience spans over two decades and several areas, including Priority Operations, Major Crime, among others. Paul holds a PhD in Policy Studies and a Master's Degree in Leadership Studies. He currently lectures at the Toronto Metropolitan University in the Department of Politics and Public Administration.

Paul is very engaged with Toronto's Jewish Community, and is committed to responding to incidents of Anti-Semitism, and encouraging the reporting of hate



crimes. He is a founder and co-chair of the Chief's Jewish Community Consultative Committee and is a member of the UJA Community Security Committee

[CLICK HERE TO REGISTER](#)



Our friends at Hamilton Jewish Family Services help a number of recipients in Niagara through their food bank.

For your information, here is their March Events Calendar:

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 Chair Yoga 9:30 am Bingo 12:30 pm Purim Eve	7 In This Together 11am Purim	8 Employment Rights for people with Disabilities 12pm	9 Kibitz Corner Meditation 11am	10
13 Chair Yoga 9:30 am Bingo 12:30 pm	14 Computer Classes with Amy 1pm	15 Kibitz Corner Scams & Frauds with Hamilton Police 11am	16 Kibitz Corner 11am Friendly Callers Program Meeting	17
20 Chair Yoga 9:30 am Bingo 12:30 pm	21 Kibitz Corner 11am In This Together 11am Computer Classes with Amy 1pm	22	23 Kibitz Corner Meditation 11am	24
27 Chair Yoga 9:30 am Bingo 12:30 pm	28 Kibitz Corner 11am Computer Classes with Amy 1pm	29 Kibitz Corner 11am	30 Tax Talk with CRA 11am	31

For more information, please check their [website](#)...

Help us fill the shelves at

Community Care

CBI still has blue barrels in the Tomarin Room for accepting non-perishable food donations for Community Care.



Their most needed food items are:

- Canned foods: meats, tuna, salmon, etc.
- Canned fruits and vegetables
- Juices (no sugar added)
- Healthy snacks (peanut-free)
- Peanut Butter

*** Participate in an act of Tikun Olam ***

*** Help those less fortunate ***

*** Perform a mitzvah ***

THANK-YOU!

for choosing to make a difference!

[*Please email details to be included in the eMessage](#)



Sunday, March 26th @ 10 am

The Yiddish Club is Back - Just in time for Pesach!!!

Our next meeting will be on Sunday, March 26th @ 10 am (9:45 am for breakfast fressers).
Our program will include Pesach-related topics, including the film 'A Taste Of Passover'
with Theodore Bikel, as well as another special Pesach Yiddish Bingo.
Non-Yiddish speakers are welcome and will not be handicapped.

Thursday, March 30 @ 7 pm



Torah Study with Rabbi Moshe



Topic: TBA

A Very Special Save The Date!

(Advanced Notice of Shabbaton Events in Honour of Israel's 75th Birthday)

Friday, May 5th

Saturday, May 6th

& Sunday, May 7th

Congregational Kabbalat & Ma'ariv Service

followed by Dinner and Table Singing

Shabbat morning services

followed by a Simcha Luncheon and memory sharing

Sunday Gala Festivities

*from a lunchtime Israeli buffet followed by dancing and an in-person live Israeli Café of song
favourites by Israeli stars of the past and present.*

Special guest Shaliach Tzibbur / davener

Michael Black from Toronto

**By reservation only on Friday night with a set price to be announced
and baskets for donations on Sunday.**

All events are open to anyone in the community who wants to participate.

Donations To CBI

Donations to CBI provide a convenient, meaningful and worthwhile manner in which to honour someone,
offer condolences, offer a speedy recovery or mark a special occasion, etc

...and condolences), such as a speedy recovery of health or special occasion, etc.
Choose from the following available funds to be listed in your recognition:

Rabbi's Discretionary Fund
Library Fund
Chesed Fund
Kiddush Fund
Torah Fund
Security Fund
Simcha Lunch Fund
Tree Of Life Fund
Prayer Book Fund
Education Fund
General Fund

[Email](#) or call 905.685.6767 CBI during office hours (or leave a voicemail)
Donations can be made with a credit card, cheque or cash

An appropriate acknowledgement will be sent to the recipient you wish to acknowledge upon receipt of your donation

eMessage sponsorships for 2023 are now available!

(all but APRIL & JULY '23 are available)

Thank you to all our 2022 sponsors!

Memorial (Yahrzeit) Plaques for the Memorial Boards located in the Sanctuary are \$200 each (partial tax receipt)

Tree of Life plaques are available
Leaves are \$180 each plus inscription fee

Tax receipts will be issued

Out of town donors may donate from our website: www.jewishstcatharines.com



accepted (preferred)
as well as cheque, Visa & Master Card

A large, faint background graphic of the word "BINGO!" in colorful, bubbly letters, with a bingo card grid below it and scattered bingo balls.

Charitable Gaming. Community Good.

Congregation B'nai Israel is proud to participate in Charitable Gaming through Delta Bingo and Gaming St. Catharines. Their ongoing financial support allows us to offer much needed programs and services. When we come together, we make things possible for our community!

Thanks to Delta Bingo for their monthly donations to CBI!

The logo for Delta Bingo-Gaming, featuring a stylized "D" in a circle with red and blue colors, and the text "Delta BINGO-GAMING" below it.

CBI Office



Should you require assistance to arrange a meeting,
Please contact Serge Chriqui, our office administrator, by [email](#) anytime or call 905.685.6767



Email Contacts:

[Office Administrator](#)
[eMessage Administrator](#)
[President](#)
[Membership](#)
[Chesed Committee](#)
[Facility Rentals](#)
[Website](#)

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With many thanks to the Internet, MailChimp and Photoshop
and all those who are contributing to our CBI eMessages
