

**From:** Congregation B'nai Israel - eMessage Administrator info@jewishstcatharines.com  
**Subject:** CBI eMessage - Friday, March 10, 2023  
**Date:** March 10, 2023 at 11:01 AM  
**To:** Howard Slepkov howard@slepkov.ca



[Click here to view this complete eMessage in your browser.](#)

 **Congregation B'nai Israel**



190 Church Street, St. Catharines  
Tel: 905.685.6767

The eMessages for the month of March are sponsored by  
**Vicky and Harvey Wright**  
in honour of Jordyn, Abby and Zoe



Saturday, March 11, 2023

**FUCHSBERG**  
**JERUSALEM CENTER**  
CONSERVATIVE YESHIVA

TORAH PORTION: KI TISA



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Parshat Ki Tisa -- Parshat Parah  
March 4, 2023 | 11 Adar 5783  
Torah: Exodus 30:11-34:35 Triennial: Exodus 30:11-31:17  
Maftir: Numbers 19:1-22 Haftarah: Ezekiel 36:16-38

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Parashat Ki Tisa / פְּרַשְׁת כִּי תִּסָּא  
[This week's Torah Sparks](#)

**SHABBAT SERVICE**

*\*Kiddush will be served in the Tomarin Room after the service.*

Saturday, March 11th @ 9:30 am

Led by Fanny Dolansky and Howard Slepkov

**This Week's Torah Portion will be read by  
Esther Barak**

**and the Haftarah will be chanted by  
Blake Teichman**

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[Pre-registration](#) is strongly encouraged to attend any  
in-person services/events at CBI.

It assists with planning and contact tracing.

Kindly [pre-register](#) here no later than today,  
**Friday, March 10th @ 3 pm.**

If you are unable to pre-register but wish to attend,  
you will be registered at the door.

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**Covid-19 Protocols @ CBI**

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New Protocols: Effective October 29th, 2022

1. Masking\* will no longer be mandatory, but is highly encouraged especially in the sanctuary.
2. For security purposes, all members should pre-register for each service and program event.
3. For security purposes, all guests must pre-register for each service and program event.

*\*CBI reserves the right to reinstitute a mandatory masking policy, if required.*



[Share the news of your family or of our community and their family\\*](#)

## Refuah Shlema



to the following:

**Dr. Ivan Samson,  
Francine Williams,  
Schula Jennings**

and

**Esther Gitlin**

(Mother of Maya Chriqui)

and to all who are ill.

May the Lord bless, show kindness,  
grant health and peace to everyone.



### **IMPORTANT!**

As members/friends of CBI, you might not be aware that CBI receives funding through *Delta Bingo and Gaming* in St. Catharines.

Peter Runcan and his team volunteer their time at Delta Bingo and in return CBI receives crucial funding from them.

Peter is in need of volunteers to ensure that we continue to obtain maximum funding from them. If you can spare some time, please be in touch with Peter ([email](#) or phone: 905.328.2894) to express your interest..

Thank you!

### **A Note About Security**

It is imperative that the large glass doors at the entry to the CBI building stay locked at all times. As most regular attendees to our facilities know, we have security guards hired for Shabbat Services and other programs. They are the ones who monitor who comes into the building along with our member-ushers. Once inside the building, please leave all responses to visitors approaching from outside to those charged with monitoring entrances.

That way, due care and vigilance can be assured.

Thanks so much!

**The following was forwarded to CBI member Miriam Gersho by her cousin Bluma Goldberg, expressing an inspirational message:**



Dear Bluma,

Since the founding of the Shalom Hartman Institute over 40 years ago, and throughout these decades of producing research on the biggest challenges facing Jewish life and running educational programs for the betterment of the Jewish people, we have adhered to a set of overarching commitments that help to characterize the stakes of our work, and our aspirations.

### **Our Core Commitments**

First, our work – and the positioning of our headquarters in Jerusalem – reflect an appreciation of the centrality of the birth of the State of Israel in a modern Jewish religious consciousness and a willingness to engage in the audacious, creative process of ‘writing the Torah of Zionism’ for the Jewish people as we encounter the new possibilities that this historical reality has brought about.

Second, we understand the State of Israel to have originated as a collective project of the Jewish people worldwide, and we insist that it must remain that way – requiring all our wisdom and passion for its long-term thriving. We sometimes say that Israel is too big and too important to be left to Israelis alone. For Israel to be the homeland of the Jewish people, it must forever engage the hearts, minds, concerns, and commitments of world Jewry. Just as Jewish suffering has historically been shared by Jews the world over, so must Jewish responsibility for Jewish peoplehood be shared as well.

Third, we see the State of Israel as one of the greatest tests the Jewish people have ever faced – a crucible of our values systems and essentially a public referendum on the quality of our commitments. The experience of power and sovereignty can be miraculous, but it is also a test. For Judaism and Jewish tradition to be worth continuing, they must address the central moral questions of the day and speak a coherent moral language in response. Put simply, the State of Israel is the largest platform the Jewish people has ever had to test the integrity of our commitments.

And fourth, we insist that the core moral and political aspirations of the State – that it be both a homeland for the Jewish people and a vibrant democracy, a homeland for Jews and for Palestinians, and a Jewish state and a state of all its citizens – are not competing ideas in tension with one another and certainly not contradictions. Rather, they are complex yet plausible aspirations for the State of Israel that can be honored through a serious commitment to Jewish and democratic values and institutions.

[Continue reading... \(click here\)](#)

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**Our friends at Hamilton Jewish Family Services help a number of recipients in Niagara through their food bank.**

*For your information, here are a number of their upcoming programs:*

1. Employment Rights for People with Disabilities on March 8th @12 pm - On Zoom
2. Tax Talk with the CRA On March 30th @11 am - On Zoom
3. Seniors Counselling every Wednesday in person from 9 am to 12 pm @J- Hamilton and Thursdays by Zoom/phone from 9 am to 12 pm

zoom/phone from 9 am to 12 pm

4. Chair Yoga on March 13th, 20th and 27th @9:30 am
5. Kibitz Corner Special Session about Scams & Frauds with Hamilton Police on March 15th @11am
6. BINGO every Monday @12:30 pm
7. Computer with Amy, Tuesday March 14th, 21st and 28th @1:00 pm




# March 2023

## Community Programs

Register: [www.hamiltonjfs.ca](http://www.hamiltonjfs.ca)  
905-627-9922 x 23

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 Chair Yoga 9:30 am Bingo 12:30 pm Purim Eve	7 In This Together 11am Purim	8 Employment Rights for people with Disabilities 12pm	9 Kibitz Corner Meditation 11am	10
13 Chair Yoga 9:30 am Bingo 12:30 pm	14 Computer Classes with Amy 1pm	15 Kibitz Corner Scams & Frauds with Hamilton Police 11am	16 Kibitz Corner 11am Friendly Callers Program Meeting	17
20 Chair Yoga 9:30 am Bingo 12:30 pm	21 Kibitz Corner 11am In This Together 11am Computer Classes with Amy 1pm	22	23 Kibitz Corner Meditation 11am	24
27 Chair Yoga 9:30 am Bingo 12:30 pm	28 Kibitz Corner 11am Computer Classes with Amy 1pm	29 Kibitz Corner 11am	30 Tax Talk with CRA 11am	31

For more information, please check their [website...](#)



## Help us fill the shelves at Community Care

**CBI still has blue barrels in the Tomarin Room for accepting non-perishable food donations for Community Care.**



## Their most needed food items are:

- Canned foods: meats, tuna, salmon, etc.
- Canned fruits and vegetables
- Juices (no sugar added)
- Healthy snacks (peanut-free)
- Peanut Butter

**\* Participate in an act of Tikun Olam \***

**\* Help those less fortunate \***

**\* Perform a mitzvah \***



[\\*Please email details to be included in the eMessage](#)



**Sunday, March 26th @ 10 am**

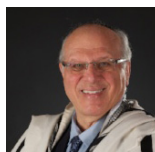
**The Yiddish Club is Back - Just in time for Pesach!!!**


Our next meeting will be on Sunday, March 26th @ 10 am (9:45 am for breakfast fressers).  
Our program will include Pesach-related topics, including the film 'A Taste Of Passover'  
with Theodore Bikel, as well as another special Pesach Yiddish Bingo.  
Non-Yiddish speakers are welcome and will not be handicapped.

**Thursday, March 30 @ 7 pm**



**Torah Study with Rabbi Moshe**





**Topic: TBA**

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**A Very Special Save The Date!**

*(Advanced Notice of Shabbaton Events in Honour of Israel's 75th Birthday)*

**Friday, May 5th  
Saturday, May 6th  
& Sunday, May 7th**

**Congregational Kabbalat & Ma'ariv Service**  
*followed by Dinner and Table Singing*

**Shabbat morning services**  
*followed by a Simcha Luncheon and memory sharing*

**Sunday Gala Festivities**  
*from a lunchtime Israeli buffet followed by dancing and an in-person live Israeli Café of song  
favourites by Israeli stars of the past and present.*

**Special guest Shaliach Tzibbur / davener**  
*Michael Black from Toronto*

**By reservation only on Friday night with a set price to be announced  
and baskets for donations on Sunday.**

**All events open to anyone in the community who wants to participate.**

**Donations To CBI**

Donations to CBI provide a convenient, meaningful and worthwhile manner in which to honour someone, offer condolences, offer a speedy recovery or mark a special occasion, etc.

Choose from the following available funds to be listed in your recognition:

**Rabbi's Discretionary Fund**  
**Library Fund**  
**Chesed Fund**  
**Kiddush Fund**  
**Torah Fund**  
**Security Fund**  
**Simcha Lunch Fund**  
**Tree Of Life Fund**  
**Prayer Book Fund**  
**Education Fund**  
**General Fund**

[Email](#) or call 905.685.6767 CBI during office hours (or leave a voicemail)  
Donations can be made with a credit card, cheque or cash

An appropriate acknowledgement will be sent to the recipient you wish to acknowledge upon receipt of your donation

eMessage sponsorships for 2023 are now available!

*(all but APRIL & JULY '23 are available)*



Thank you to all our 2022 sponsors!

Memorial (Yahrzeit) Plaques for the Memorial Boards located in the Sanctuary are \$200 each (partial tax receipt)

Tree of Life plaques are available  
Leaves are \$180 each plus inscription fee

Tax receipts will be issued

Out of town donors may donate from our website: [www.jewishstcatharines.com](http://www.jewishstcatharines.com)



accepted (preferred)  
as well as cheque, Visa & Master Card



Congregation B'nai Israel is proud to participate in Charitable Gaming through Delta Bingo and Gaming St Catharines

This ongoing financial support allows us to offer much needed programs and services

When we come together, we make things possible for our community



Thanks to Delta Bingo for their monthly donations to CBI

**CBI Office**



Should you require assistance to arrange a meeting,  
Please contact Serge Chriqui, our office administrator, by [email](mailto:) anytime or call 905.685.6767



Email Contacts:

[Office Administrator](#)  
[eMessage Administrator](#)  
[President](#)  
[Membership](#)  
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With many thanks to the Internet, MailChimp and Photoshop  
and all those who are contributing to our CBI eMessages

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